

# California's Trusted & Most-Experienced Medi-Cal Partner



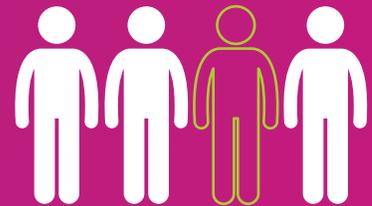
Health Net is one of California's longest serving Medi-Cal partners. We've had decades of experience caring for the state's most vulnerable residents. We understand that the best way to care for patients with complex issues is to consider the full scope of their needs. That's why we work with counties, community organizations and other partners to expand innovative programs that address physical, behavioral, social and long-term health needs.

## ISSUE SPOTLIGHT: FOOD SECURITY

### Food as Medicine: Our Efforts to Boost Food Security

Health Net works to address all factors that impact health – including food security. We do this through our programs and in our partnerships that expand access to existing safety nets. Together with our community partners, we've co-created new models designed to improve nutrition and health outcomes for those most at risk.

1 in 4 Californians experience food insecurity



\$500,000 invested to address food security since 2017

### We Expand Access to California's Nutrition Safety Net

More than **85 percent of Health Net members are enrolled in a government-sponsored plan**, like Medicare and Medi-Cal. With more than four decades of experience caring for California's most vulnerable residents, we bring focused and unmatched knowledge of their diverse needs. That makes Health Net uniquely positioned to work hand-in-hand with the state to expand existing safety nets, like CalFresh, that increase access to food.



#### Culturally Responsive Enrollment Support:

We facilitate dual-enrollment in Medi-Cal and CalFresh – this helps drive equity as we focus on eliminating barriers to care such as literacy, language and technology.



#### Provider & Partner Training:

Our innovative 'Train the Trainer' program doubles down on local enrollment efforts. How? We provide enrollment and education resources to providers and community partners as they conduct local outreach efforts.



#### Efforts to Fill the Gap:

Health Net connects our members who are immigrants and cannot access CalFresh benefits. We connect these members to alternate local resources so they can become food secure.



#### Inland Empire: How we Increased Enrollment in CalFresh

Health Net helped launch a campaign to **educate more than 30,000 low-income seniors** about food stamp assistance and healthcare coverage. Our funding also included support to assist residents as they navigated the enrollment process.



# Our Innovative Programs Increase Food Security

We know Medi-Cal enrollees are more likely to experience food insecurity. That's why Health Net has launched innovative programs based on our expertise and which leverage local partnerships to combat food insecurity:

## Food Pharmacies



Includes support for community organizations like Project Angel Food & Mama's Kitchen

## Medically Tailored Meals



Tailored meals reaching vulnerable members and improving nutrition

## Food Rx Programs



Access to programs that reduce in-patient readmission and drive long-term cost savings

### Los Angeles: Food Pharmacy Pilot

Established a 'food pharmacy' program with the Venice Family Clinic that treats food as medicine for patients with conditions linked to diet. We offered:

- Nutrition classes
- Cooking demonstrations
- Direct access to healthy foods

*Because both of these pilots were successful, Health Net will expand them.*

### Central Valley: Food Rx Program

Partnered with the Emergency Food Bank of Stockton. Together, we developed a Food Rx initiative to help Black and Latinx residents who suffer from higher rates of diabetes and high blood pressure. We offered:

- Blood pressure and diabetes screenings
- Nutrition education classes
- Weekly delivery of fruits and vegetables

## How We Reach Young Californians

Our wraparound approach supports care where kids need it – at home, in schools and at the doctor's office. Our nutrition efforts focus on:

- Affordability**  
Free or reduced-price school meals
- Education**  
Campaigns to engage kids in the importance of nutrition
- Action**  
Classes to educate families on the health benefits of a balanced diet



### Northern California: Youth Cooking Academy

We collaborated with the University of California's Division of Agriculture and Natural Resources to create a "Cooking Academy." This program taught students about cooking and nutrition – knowledge and skills they then passed on to fellow classmates.

## Dialed into Our Communities: Collaboration with Local Partners



As California envisions the future of Medi-Cal under CalAIM, we're here as a committed, trusted partner. Health Net brings experience, relationships, understanding and innovative solutions to address all factors that impact health.